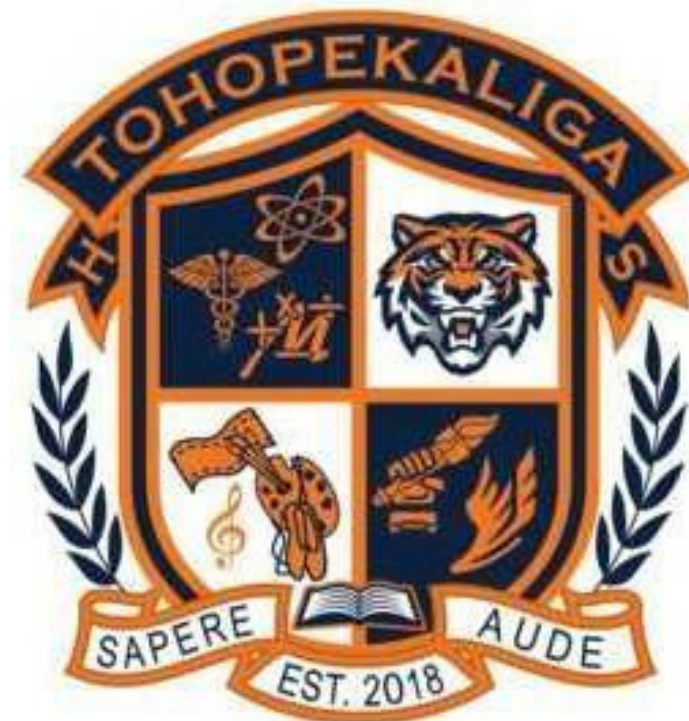




Sideline & Competition

CHEERLEADING

Information Packet



2018-2019
SCHOOL YEAR
BOYS AND GIRLS WELCOME

Welcome to Tohopekaliga Cheerleading

Attention Future Tigers,

We would like to extend our gratitude for your interest in Tohopekaliga High School Cheerleading. We are very excited to kick start our new high school and the Tiger Cheer Program!

Our main goal is to teach athletes common values. Hard work, integrity, leadership, self-confidence, positivity, and a love for the sport are vital. We look forward to this inaugural season as our focus will be to foster and strengthen your child's cheerleading skills, character, team unity, overall work ethic, and self-esteem. School spirit reaches far beyond a stadium, or a gym...we have great expectations for our team!

Members of our cheerleading program will be committed to the highest level of athleticism, performance, self-discipline, respect for the school and others, exemplary personal conduct, and the performance of all responsibilities related to the pursuit of school spirit and pride. They understand that the manner in which they conduct themselves, in or out of uniform, directly reflects upon the program, school, and our community. Cheerleaders must demonstrate a proven ability to balance academic requirements and demands, with extra-curricular and personal activities.

Attached you will find the required paperwork that **MUST** be completed and turned in by **Friday May 11, 2018 by 3:00 pm**. At the school district office located at 817 Bill Beck Boulevard, there will be a designated drop box in the two-story brick building's lobby marked THS Cheer. If a candidate does not have all paperwork completed, he/she will not be permitted to participate in tryouts. Along with the paperwork found here, the athletic participation packet that is needed can be found on our website under the athletics tab. Please carefully review all of the information included as well as the Tohopekaliga Cheerleading Handbook prior to tryouts. Should you have any questions or concerns after reading over everything, please contact us via email at: MarCar7694@gmail.com

Please know high school cheerleading is a very demanding and time-consuming sport. Our season will begin in May and does not finish until February. Each student needs to seriously consider the amount of time, hard work and dedication that will be required before deciding to participate in THS Cheer tryouts. We look forward to seeing you soon and Go Tigers!

Tryout Information

Sideline Tryout Dates

MANDATORY CLINIC

Monday May 14th - Tuesday May 15th

5:00pm - 8:00pm

Narcoossee Middle School in the Gymnasium

EVALUATION DAY

Wednesday May 16th

5:00pm - TBA

Narcoossee Middle School in the Gymnasium

Attire

Clinics: any solid color t-shirt with athletic shorts/leggings

Evaluations: solid white t-shirt and orange or navy athletic shorts

Shoes: tennis shoes/sneakers (*no Vans, Converse, etc.*)

Hair: up and out of your face in a ponytail or bun

Areas of Evaluation

- Toe-touch
- Optional Jump
- Cheer
- Chant
- Dance
- Motions/Tightness
- Projection of voice
- Showmanship

*Points will be given for tumbling
but it is not required for sideline tryouts*

Announcement of Teams

The 2018-2019 cheerleading roster will be sent out via email on **Sunday May 20th, 2018 by 1:00pm**. To prevent any confusion, each candidate will be notified one way or the other. If you are selected, your email will also contain information on fittings, further costs, cheer camp, and a **mandatory** team meeting.

Current Intentions

PLEASE NOTE: ALL SALES ARE FINAL AND ARE NONREFUNDABLE.

UCA Cheer Camp

Varsity

Embry Riddle Aeronautical University
August 2nd-August 5th

Jr. Varsity

Tohopekaliga High's Gymnasium
August 6th - August 7th

Estimated Camp Costs

The first camp payments are as follows:

Varsity: \$104 due June 3rd, 2018

Jr. Varsity: \$52 due June 7th, 2018

There will be 2 separate payments for camp but prices may change due to team size.

Practices

Practices for football will be Monday, Tuesday, and Thursday. You will receive an official practice schedule once school starts. We will go over a basketball practice schedule as the season gets closer.

Anticipated Costs for Sideline Cheer

Prices do not include tax and shipping

Varsity Order #1-----\$431

Due June 1st by 12 noon

- Uniform Rental Fee
- 3 practice/camp outfits
- Game & Comp Shoes
- Navy and White Bows

Varsity Order #2-----\$324

Due July 1st by 12 noon

- Pink socks & bow
- Competition Socks
- Sublimated Backpack
- Warm up
- Megaphones
- Competition Bow

Jr. Varsity Order #1-----\$320

Due June 1st by 12 noon

- Uniform Rental Fee
- 2 practice/camp outfits
- Game shoes
- Navy and White bow

Jr. Varsity Order #2-----\$265

Due July 1st by 12 noon

- Sublimated Backpack
- Pink socks & bow
- Warm up

Cheerleader Application

Student Information

Name:		Age:	Grade:
Address:		City:	State: Zip:
Participant Cell:		Participant Email:	
Allergies			
Medical Conditions			

Social Media Accounts

Instagram:	Snapchat:	Twitter:	Facebook:
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Guardian/Emergency Contact Information

Name:	Status:	Cell:
Name:	Status:	Cell:
Name:	Status:	Cell:

Team Information

Do you have any previous cheerleading experience?	<input type="checkbox"/> YES	<input type="checkbox"/> NO			
If yes, answer the questions below.					
What program(s)?	How many years?				
Stunt experience & position?	Tumbling experience?				
<p>Please check the tumbling skills that you can perform proficiently (meaning you can do the skill on a cheerleading mat BY YOURSELF). You will be asked to demonstrate these skills at tryouts. If you make the team, you will be required to perform these skills at practices, games and competitions. (Rolls, cartwheels, round-offs and walkovers do not count towards tumbling)</p>					
Standing Back Handspring <input type="checkbox"/>	Standing Double Back Handspring <input type="checkbox"/>	Standing Back Tuck <input type="checkbox"/>	Round-Off Back Handspring <input type="checkbox"/>	Round-Off Double Back Handspring <input type="checkbox"/>	Round-Off Back Tuck <input type="checkbox"/>
Please list any other tumbling skills you have or are close to accomplishing.:					

Application Continued...

Below, please answer the following questions to the best of your ability in 3-5 sentences:

1. What motivated you to try out for the Tohopekaliga Cheer Team?

2. What is a cheerleader's role on campus?

3. What qualities can you bring to this team?

4. Outside of cheer, what are your hobbies?

5. What are some of your goals/aspirations?

6. Explain what commitment means to you and the importance of this on any team.

7. What qualities do you look for in a coach?

8. How do you handle stress?

Handbook Agreement & Acknowledgement

Athlete's Agreement:

- As a student athlete of Tohopekaliga High School, I am expected to follow the rules of the program and remain in good standing with my fellow teammates and coaches at all times.
- I have received and read the Tohopekaliga Cheerleading Handbook. I fully understand this document, understand the expectations of me as a student athlete, and agree to follow the rules at all times.
- I understand that being apart of this program is a privilege, not a right. I accept that if I violate the rules and regulations of this program, my participation can be revoked by school personnel.

Athlete's full name - PRINT

Date

Athlete's Signature

Guardian's Agreement:

- I recognize that parents are the most important role models for their children and that athletics help achieve a sense of teamwork, self-worth, and sportsmanship. I encourage my child to play by the rules and respect the rights of others. I understand that it is important to enforce the rules of the Tohopekaliga Cheer program, respect the sport of cheerleading, and not criticize the coach's decisions. I also understand that I too am expected to follow the rules of the program and remain in good standing with other parents, athletes, coaches and administration.
- I have received and read the Tohopekaliga Cheerleading Handbook. I fully understand this document, understand the expectations of me as a guardian, and agree to follow all rules.
- I understand that my child will be removed from the team if any rules or regulations are broken. I realize that if this happens, my child will be denied privileges of trying out for the following year.
- I recognize that cheerleading is an expensive sport and that all fees must be paid and/or fundraised according to the schedule provided in the Handbook.

Guardian's full name - PRINT

Date

Guardian's Signature

Tryout & Results Agreement

Tryout Agreement

I have read the guidelines for the Tohopekaliga High School Cheerleading tryouts and have discussed its implications with my child. I consent to meeting all tryout requirements and having my child tryout for the cheer team. I have reviewed my child's academic performance and understand the enormous time commitment required to be a member of the Tohopekaliga High School Cheerleading Program. I believe that my child would be able to participate in cheer and still successfully achieve an above satisfactory GPA. My child is able to participate in all cheerleading requirements/activities such as lifting, basing, flying, tumbling, jumping, running and conditioning.

Results Agreement

I understand and accept the tryout process and its requirements for the THS Cheer Team. I have discussed the tryout process and its implications with my child and have prepared him/her for any and all team placement decisions. I accept that all decisions of placement and acceptance on the THS Cheer Team are final and not up for discussion.

Guardian's full name - PRINT

Date

Guardian's Signature

Student's full name - PRINT

Date

Student Signature

Tohopekaliga Cheerleading

Cover Page

Use this as a checklist to make sure you're ready for tryouts!

Please put all paperwork in the Toho Cheer Box at the district office by **Friday May 11th at 3:00pm**. Next to the box will be a stack of envelopes. Put your paperwork into the envelope, label it with the applicant's first and last name, and place it into the box.

Name: _____

_____ Cheerleading Application
Front & Back

_____ Agreements Page
Front & Back

_____ Athletic Participation Packet
Pages 1 - 7



TOHOPEKALIGA
HIGH SCHOOL